



# Christmas CarePack Campaign

## Help a homeless youth this Christmas

Green Thumb Landscaping and Leading Stars Arts and Education Foundation are working together to collect donations from the community to create **YOUTH CHRISTMAS CAREPACKS** for our homeless and at risk youth.

How do we change the world?  
**One single act of kindness at a time...**



Simply giving a teen a bar of soap, a toothbrush, or even a bus ticket could mean getting a job or a place to live. It's a small thing that means so much. Please help. Donations of any kind are welcome.



QUESTIONS? Want to help? Call Tamara today

**green thumb**  
landscaping

Tamara Konopelky  
780-887-2056  
info@greenthumblandscaping.ca



**LEADING STARS**  
ARTS & EDUCATION FOUNDATION

If you know of an business or a school that would be willing to assist in this event please contact Tamara @ 780-887-2056 We will gladly set up and collect an area for a donation site.

## Examples of pack content could include:

Backpack  
Good quality Socks  
Small warm Blankets  
Toiletries  
Tampons/ Pads  
Flashlight  
Wash cloth  
Lip balm  
Hand Sanitizer  
Hoodie  
Sunglasses  
Travel Cup  
T-shirt  
Shoes  
Band-aids  
School Supplies  
Bottled water  
Gloves  
Scarves  
Frisbee/Hacky Sack  
Hats  
Umbrella  
Toilet paper  
Wet wipes  
Hand warmers  
Snacks  
(nuts, granola bars, dried fruit)

Gift certificates  
(movies, clothes, groceries,  
haIRCUT, coffee, food, etc.)

Bus Tickets

**CASH  
DONATIONS:**  
so we can buy  
what we are  
missing

## Our Goal:

**We hope to assemble at least 200+ backpacks to distribute at Christmas to youth in need.**

We will be involving local teens to assist in packing and distributing the backpacks. We want these underprivileged youth to feel self-confident when going to school or applying for a job. Our objective is to provide support, to lend a helping hand and to help make someone's Christmas special.

## Did you know:

- In Canada, youth make up about 20 per cent of the homeless population.
- Mortality rates amongst youth experiencing homelessness are quite high, conservative estimate of up to 11 times the general youth population.
- 61 per cent of youth reported being either physically or sexually abused by an adult at some point in their lives.
- Several studies have found that youth experiencing homelessness have disproportionately been involved in child protection services or foster care in their lives. This number ranges from close to 30 to 49 per cent
- Approximately 40% of homeless teens identify as LGBT.

**Let a Youth at Risk know that someone cares.  
It could make all the difference!**

## Drop-Off Locations:

- Becks Antiques - 2 locations  
10447 124 St NW Suite A, Edm.  
OR 7315 50 St NW, Edmonton
- Acclaimed Heating & Cooling  
15341-105 Avenue  
Edmonton
- Additional drop off locations at [youthcarepacks.ca](http://youthcarepacks.ca)

If you know of an office or a school that would be willing to assist in this event please contact Tamara @ 780-887-2056  
We will gladly set up and collect an area for a donation site.

**If you require pickup please contact us. Make it a family event to help others. We are always looking for help packing the bags. Thank you.**